Good Morning Ketcham Nation!

Today is Day 2

Today's Motivation: Our greatest fear is not in never falling but in failing to get back up.

SOCCER

JV Boys Soccer were away to White Plains this past Friday. They came back from 0-1 to tie the game 1-1 in the last ten minutes due to a goal by Zaiden Brown, beautifully assisted by Isaiah Schmalz. The boys fought hard to make their current record 1-1-1. Please come out and support their home games this Tuesday and Saturday at 5PM and 10AM respectively. The support is always appreciated from the fans!"

VOLLEYBALL

Coach Cruz's J.V. Volleyball team picks up the W in 3 sets. Shout out to Sandi Palmietto (R.S.) Emily Faust (O.H.) who were scoring machines from each side of the court! Shout out to Alexa Feuer for her outstanding tips, defensive blocks! Great job team!

Talk about home court advantage. Our J.V. Girls Volleyball team knocked down another win against White Plains in 2 sets on Saturday! Way to go girls! Keep it up!

VOLLEYBALL

The Boys Volleyball Team fell to Clarkstown South at home in a grueling 5 Set thriller! This was a hard-fought battle lasting 3 hours long, with the Titans taking last year's Sectional Semi-Finalist to overtime throughout each set over the entire night. 2 School Records were set that evening and 4 players scored double-digit Kills.

George Flores led the way slamming 21 Kills setting a School Record for most Kills in a game! Taka Yamauchi also set a School Record with 56 Assists on the evening!

Gio Dahdal followed up with another 14 kills, Luca Ternier-Choupin contributed 11 Kills, Cameron Clyde had 10 Kills and Cole Gallwitz added another 5 Kills. Kai Moy lead the defense with 25 Digs while also Serving 4 Aces for the Titans.

CROSS COUNTRY

Great job by the boys and girls cross country teams this weekend at the Queensbury Invitational, the future site of the State Meet. Abby Kowalczyk finished 7th in a very competitive field of 190 athletes while Matt Kowalczyk finished in 32nd out of 208 athletes. Isaac Menjivar also medaled for the Ketcham Storm. Matt, George Soyka and Elizabeth DelRosso all had personal bests at the 5,000-meter distance. Congratulations to all athletes!

RAK CLUB

Join the Random Acts of Kindness (RAK) Club - Thursday, 9/18 in the library at 2:30pm. Kindness is a universal language that transcends barriers. Engaging in acts of kindness challenges individuals to step outside their comfort zones, develop empathy, and cultivate a mindset of generosity. All are welcome, if you have other club meetings come to the RAK meeting after. Contact Mrs. Alemany with questions.

GIRLS BASKETBALL

Open gym for any Girls interested in playing basketball will be on Monday and Wednesday from 2:30-4. Any Q's, see Coach Mealy

BOYS BASKETBALL

Boys Basketball Open Gym will be September 24th from 4:30-6:30.

SEAL OF BILITERACY

Are you a Junior or Senior in level 5 language this year? Do you speak ANY language other than English at home? The New York State Seal of Biliteracy is for you! Come to the introductory meeting on Thursday, September 26th after school in room 342 to find out more. We will go over the process for obtaining the Seal, as well as incorporating the Civic Seal of Readiness. Speak to your language teacher, or see Sra. Flanagan in room 342 or Ms. Kosiner in room 346 if you have questions. All are welcome!

OMG CHRISTIAN CLUB

We are excited to invite you to be a part of our vibrant Christian community at RCK. Whether you're looking to deepen your faith or simply explore what our group is all about, we would love for you to join us on September 17, 2:30pm in the Maker's Space. All are welcome!

WEIGHT ROOM

The Weight room will be open for all students on Tuesdays & Thursdays 6:50am-7:20am with Mr. Mealy & after school 2:30-3:30pm with Mr. Perry. You may take the late bus home if you need to. Google Classroom Join Code: ioaesrv

HISTORY OLYMPIAD

Do you love history and enjoy a bit of competition? Do you think you'd win on a game show like Jeopardy? Join the History Olympiad! This is your chance to compete at regional and national levels. Our next meeting will be on Thursday, September 26th in room 199 directly after school. Come and test your history skills! Correct answers=snacks. Please email Mr. Mayo and Mr. Diamente with any questions. History Olympiad trivia question of the day: What was the name of George Washington's horse? (Yesterday's trivia answer: The Phoenicians)

STOCK MARKET CLUB

The Stock Market Club will meet on Tuesday, September 17 in B1 after school. Learn how to become a millionaire! GC code is: fmbpnty

FBLA (Future Business Leaders of America)

The FBLA Club will meet on Wednesday, September 18 in B1 after school. Learn about business and how you can go to California for nationals! GC code is:aarskxv

INTERACT CLUB

The Interact Club will have its first meeting on Thursday, September 19 in the LGI. Learn how you can give back to the Wappingers community while having fun! Learn about our parties, events and more! GC code is :47j4oev

JAZZ ENSEMBLE

Students interested in auditioning for the RCK Jazz Ensemble should see Mr. Trainor in room 119 for audition materials. Audition materials should be picked up by Tuesday, September 17th.

LACROSSE

Any girls interested in playing lacrosse this spring, please email coach Rowan (sean.rowan@wcsdny.org) to be added to the google classroom. All information regarding off-season workouts will be posted there.

CONCERT CHOIR

Do you like to sing? Do you have room in your schedule period 4 or 5? Would you like to join us on a trip to Broadway or sing with us at Hershey Park? The Concert Choir has plenty of room for you! We are looking for all voice types. The Choir meets period 4 or 5 every day or every other day. Please see Mr. King in room 117 or your guidance counselor for more information.

PICTURE DAY SEPTEMBER 16th and 17th

All underclassmen will be getting their school pictures done for this year. This is so all students can be represented in the yearbook as well as have a current picture for their new school ID's.

YEARBOOK

Anyone interested in becoming a member of the yearbook please come to the informational meeting on Tuesday 9/17. Rm 293 right after school. You will meet the current members and learn what it means to be on the yearbook staff.

STEP TEAM

Anyone who is interested in being a part of the STEP TEAM please join us next week Tuesday 9/17 in Rm 289 or Thursday 9/19 in the cafeteria at 2:30.

ASL CLUB

American Sign Language Club will have their first meeting on Monday, September 16th in Room 358! Learn how to sign your name and the alphabet! No prior experience necessary. For any questions, please see Mr. Bautista in room 358! See you there!

POKEMON CLUB

Pokémon Club will have its first meeting on Wednesday 9/18 in room 255. Please bring cards to play. If you have any questions please see Mrs. Sivco in Room 194 or email tiffany.sivco@wcsdny.org

STUDENT COUNCIL

Exciting things are happening, and we want YOU to be a part of it! Come to our Student Council meetings every Tuesday at 2:30 PM in the Cafeteria. This is your chance to help us brainstorm and decide on amazing themes for Homecoming and Spirit Week! Everyone is welcome, and we'd love to hear your ideas and energy. Don't miss out on the fun and the opportunity to make a difference!

RCK APPAREL

Please consider supporting Ketcham Cross Country by purchasing something from our apparel store. Your contribution directly benefits our team, and we truly appreciate your support. https://www.hometownappareIny.com/rck-xc

SENIOR PORTRAITS

SENIORS do not wait to get your Senior Portrait done now. All SENIOR PORTRAITS must be completed through Legacy Studios by December 31st. Next set of dates are 9/25-9/27 and 10/28-11/1. Make your appointment today! <u>https://seniors.legacystudios.com/roy-c%20-ketcham-hs/</u>PTSA

Joining the PTSA helps to support many events and activities here at RCK. Your membership also helps to support scholarship opportunities. Become a member today here: https://rck.givebacks.com/store?limit=21&live=true

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Have an announcement? Send it to rck.announcements@wcsdny.org

Make this a great day RCK and remember to go #All In All Ways.

Your principal, Dave Seipp